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INNERSELF • DECEMBER 2015 - FEBRUARY 2016

DECEMBER

2) MP A narrow or critical view will not give you the perspective required.

3 O 3rd Quarter Moon MP The results of recent activities reveal the need to get back to practicalities and face the reality of the situation at hand. Resolution to the issues may involve having to cut out or separate from certain parties or situations. Be prepared to do a thorough clean-out.

5 D ← Be objective rather than rely on being liked or popular.

7 DM Keep your cards close to your chest without being secretive or deceitful.

10 D → Enthusiasm is contagious especially for new projects.

11 ● New Moon → The New Moon in Sagittarius highlights a time of great energy and change. Make use of the energy and direct as it will need to be expressed in some way. The decision rests on what to change and what to hang on to. Be true to your own goals and beliefs but be realistic and keep your feet planted firmly on the ground.

12) V3 A practical approach is needed as an idea needs shape to be expressed.

14 D ≈ Take the time to consider all approaches even if they seem unconventional.

17 D ★ Listen to intuition as it may provide an avenue around a problem.

to come into focus and the changes presaged at the New Moon start to materialise. There is a need to be focused and also conserving energy as the danger is that of waste and a scattering of energy. Emotions may lead to overreactions and haste as the Moon changes sign.

21 D & A hands-on approach will provide a perspective on the practicalities required. 22 Sun enters V3 Responsible, Reliable, Authoritative and Serious marks out the Capricorn.

23 D II Make sure your sources of information are reliable.

25 D S O Full Moon S The Full Moon in Cancer heightens emotions as well as casting light on matters at hand. Time to be clear about what is expressed either in word, thought or action. There is a real possibility of making a difference or influencing others so be prepared to take the lead and ensure integrity guides all endeavours otherwise the results may not be as planned.

27 D Ω Acknowledgment of efforts goes a long 29 D \simeq A balanced outlook is important but not at way. 28

30) MP Be prepared to look after the details as they go a long way to ensuring success.

much

recent actions must be faced now and decisions made as to what must be discarded and what must be retained in order to realise the objectives.

4 DM A surge of emotions may catch you off-

6 D → Be prepared to step back and gain some perspective on what has been achieved.

9) V3 Take matters into your own hands but be

careful you do not overstep the mark. 10 ● New Moon V3 The New Moon crystallises a new beginning which is characterised by responsibility, structure and endeavour. Be prepared to be both practical and pragmatic about what needs to be done. Some may relish the opportunity to work on their own.

11) * Knowledge and information need to be cultivated and harnessed.

13 **)** ★ A sensitive approach goes a long way to keeping relations cordial.

15 ⊅ ↑ Accept the challenges and take the initiative.

17 1st Quarter Moon ↑ D enters 8 The energy of the First Quarter Moon will push for challenges to be met as well as create great rushes of energy to push through any obstacles or barriers. Be careful that in the rush you do not burn the candle at both ends and have nothing in reserve. Things slow down as the Moon changes sign to Taurus and the emphasis turns to stability.

19 D I Do not rely on rumour or gossip as these can cause more harm than good.

21 Sun enters **☎** Objectivity, independence and a sense of uniqueness characterise Aquarians. D 3 Nurture and look after your own.

24 D Ω O Full Moon Ω The Full Moon in Leo brings to light certain 'truths' which to some will be very important and will be used to influence others. There is a need to be upfront in what is expressed as any error or misrepresentation will cause disruption. Conversely, information that comes to light now, used properly can achieve significant changes.

26 D MP Constructive criticism is necessary for

the expense of your views. 30

31 DM Overreaction to situations may place you at a disadvantage

a strong case for your position.

3 D → Be careful that enthusiasm does not block

5) of Taking on responsibilities will be an advantage but don't be tempted to take control of everything.

7 D ≈ Knowledge is important but be prepared to be flexible as to its sources.

9 ● New Moon ※ D enters X The New Moon poses some major challenges as any project or endeavour started now must prove itself by facing obstacles or countering objections. These challenges may be the result conflict or disagreement so make the changes necessary to get things moving as the Moon changes sign because emotions will start to dominate.

11 D ↑ Taking risks can be productive but haste only creates difficulties.

be seen.

15 1 1st Quarter Moon 8 Initiatives must be of a practical nature if things are to proceed as planned. There is much energy to take them to the next level

and flexible.

18 D & Emotional connections with those who are important need to be protected.

are the hallmarks of Pisces. D η Humility achieves better results than arrogance.

22 D MP Practical advice given and received is useful but refrain from criticism

23 O Full Moon MP The Full Moon sheds its light on the changes that have been made and there is unrest and uncertainty at what has been revealed. The best way to deal with this is by attending to the details and ensuring there is stability and a lack of confusion or uncertainty.

difficulties for you.

cause others to back away.

results of recent actions may see a war of words between competing parties. This can be considered either as an opportunity to clear the air or to make

13 D & Patience is needed as results are still to

however be prepared to be flexible 16 D II Keep the lines of communication open

19 Sun enters
★ Sensitive, Creative and Emotional

25 D ☐ Trying to please everyone results only in

27 DM Deep feelings may be aroused and may



A GUIDE TO THE ZODIAC SIGNS

↑ Aries – fire

8 Taurus – earth Ⅱ Gemini – air **S** Cancer − water Ω Leo − fire M Virgo − earth

← Libra – air M Scorpio – water ✓ Sagittarius – fire V3 Capricorn - earth Aquarius − air

€ Pisces – water

These are generic interpretations for each of the zodiac signs. For a more personal interpretation astrological consultations are available by

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LUNAR PHASES AND PERSONALITY TYPES

between the Sun and the Moon. This cyclic relationship produces the lunar cycle and everyone is born at a particular point in this cycle.

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relationship between the person's Sun (the sense of self) with their Moon (their emotional expression and security). Therefore, the lunar phase that a person is born in can reflect how that person deals with life - the nature of the energy and their attitude to life and how they deal with it. The lunation cycle is a visible symbol of our place in the larger cycle of life. Without a calendar, we cannot accurately pinpoint our day of birth, however, we can easily

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to that aspect of the Sun-Moon relationship that is imprinted in our psyches. This describes the basic capacity of the person to relate to life generally.

In order to find the lunation phase you are born under, you can consult an almanac for the year and find out what the Moon phase nearest to when you

Dane Rudhyar, a famous astrologer developed the theory of phases and used it to develop the eight lunation types of personality which we will be discussed in a series of short articles over the 45 degrees ahead of the Sun. For a period of three and a half days every month, there is a New Moon and all births during this period will have a New

Mari Garcia is a professional consulting astrologer She is co- principal of ASTRO MUNDI, which offers astrological education for the beginner and the professional. Mari is a Council Member of the Astrological Guild of Educators International and is a founding member of the Forum of Professional

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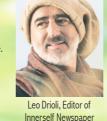
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